



Bumped Head Guidance

Please keep an eye on me!

If you notice any of the symptoms below in your child, please seek immediate medical assistance;

- Unconsciousness or difficulty staying awake, or still being sleepy several hours after injury
- Seizures or fits (body moving uncontrollably)
- Difficulty speaking or slurred speech
- Confusion or difficulty understanding what people say
- Amnesia or memory loss – not remembering what happened before or after the injury
- Vision problems or double vision
- Balance problems or difficulty walking
- Weakness or loss of power in a part of the body such as an arm or leg
- Clear fluid leaking from the nose or ears
- Bleeding from one or both ears
- Loss of hearing in one or both ears
- Bruising behind one or both ears
- A black eye (with no other damage around the eye)
- A lasting headache since the injury
- Vomiting
- Irritability or unusual behaviour
- Visible trauma or damage to the head, such as an open bleeding wound

**If you are unsure and need advice from call
NHS Direct by dialling 111 on your phone**

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